



2010 Summer Lacrosse Program

The Milton Girls Lacrosse program will be conducting a summer program for Milton girls in the graduating classes of 2016, 2015, and 2014, (rising 7th, 8th, and 9th graders). The summer program is LOADED with practices, games, scrimmages, skills camp, and travel tournaments. The Milton coaching staff, along with collegiate and high school players, will be provide coaching and instruction for the girls participating. Information for the summer program is listed below. Additional information for travel tournament registration will follow.

Summer Program includes:

- Coaching from the Milton coaching staff and collegiate and High School players.
- Session 1 of the Milton Camp of Champions.
- 26 hours of practice/camp/scrimmages.
- Opportunity to play with the best lacrosse program in GA.

Summer 2010 Schedule (practice and scrimmage times are listed below)

June 1 – Practice @ Milton Stadium

June 3 – Scrimmage vs. ATL at Milton Stadium

June 5/6 – SAT Tournament at Peachtree City *** additional information below.

June 7 – 10: Camp of Champions at Northpark turf field 9:00am – 12:00pm.

June 10 – Scrimmage vs. TBA at Milton Stadium

June 17 – Scrimmage vs. TBA at Milton Stadium

June 19/20 – Catawba Classic Tournament at Rock Hill, SC *** additional info below.

June 22 – Practice at Milton Stadium

June 24 – Scrimmage vs. ATL at Milton Stadium

June 29 – Practice at Milton Stadium

July 13 – Practice at Milton Stadium

July 15 – 7 v. 7 scrimmage vs. TBA at Milton Stadium

July 17 – 18: Heatwave Tournament at Ponte Vedra Beach, FL ***additional info below.

Practice and Scrimmage Times

Grad classes of 2016 and 2015 (rising grades 7 and 8) will practice from 5:00 – 6:30.

Grad class of 2014 (rising 9th graders) will practice with the HS from 6:30 – 8:00.

Grad classes of 2016 and 2015 (rising grades 7 and 8) scrimmages begin at 5:30pm.

Grad class of 2014 (rising 9th graders) scrimmages begin at 6:30pm or 7:30pm.

**All practices, camps, and tournaments are not mandatory to attend.

Travel Tournaments

We will be participating in 3 travel tournaments this summer. Travel tournaments are optional and require an additional tournament registration fee. You are also responsible for travel arrangements and costs. In order to participate in travel tournaments, **registrations must be completed by the registration deadline.**

- Tournament 1: SAT @ Peachtree City GA, June 5 – 6. **DEADLINE April 28th**
- Tournament 2: Catawba Classic @ Rock Hill SC, June 19 – 20. **DEADLINE May 5th**
- Tournament 3: Heatwave @ Ponte Vedra Beach FL July 17 – 18. **DEADLINE May 19th**

Tournament Team Selections

There will be approximately 16 – 18 girls per team. The top 16 – 18 players will be placed on one team and the remaining players will be placed on any additional teams. Teams will be chosen based on coach's evaluations from the season and practice sessions. Player registration must be received by the deadline in order to participate.

How to register for the Eagle Stix summer program

1. Complete the registration information below.
2. **Registration Deadline is April 21st**
3. Must be a current member or become a member of US Lacrosse:
To register go to:
<http://www.uslacrosse.org/TopNav/Membership/USLacrosseMembership.aspx>
Include a copy of US Lacrosse membership in registration form.
4. Send registration and payment of \$250 made payable to "Milton Lacrosse" to:
Eagle Stix Lacrosse
980 Birmingham Rd.
Suite 501-311
Milton, GA 30004

PLAYER REGISTRATION FORM

Players Name: _____ Experience (beginner, 1 year, 2 or more years)

Address: _____

School: _____ Grade: _____ Age: _____

Parent/ Guardian names: _____

Home phone/ Parent's Cell phone: _____ / _____

E-mail: _____

US Lacrosse Membership #: _____ Expiration Date: _____

T-shirt size: Youth Large, Adult S, M, L

Shorts size: Youth Large, Adult S, M, L

Parental Permission and Clinic Release:

By participating in the Eagle Stix Lacrosse Program, I will be waiving and releasing all claims for injuries that my daughter may sustain in this program. I recognize and acknowledge that there are certain risks of injury, damages, or loss which may occur in any and all activities connected with or associated with this program. I do fully release and discharge the Milton Lacrosse Coaches and supervisors from any and all claims resulting from injury, damages and loses sustained by my daughter and the activities of the program. I hereby state that my daughter is physically fit and may participate in all activities. I grant permission to have my child treated by a physician if necessary. I also allow my child to be photographed during games and practices and give permission for her to be in photos on the Eagle Stix Website.

Parent/Guardian _____

Signature _____

Date _____

Questions and Answers:

There are questions and answers located on www.EagleStixLacrosse.com.

FOR MORE INFORMATION CONTACT: LadyEaglesLax@yahoo.com
www.EagleStixLacrosse.com